

 9 servings

Baked Goods

Dessert

Chocolate brownies

Ingredients

for 9 servings

1/3 cup cocoa powder
1/4 cup coconut flour
1/3 cup almond flour
3 large eggs
1 egg yolk
1/2 cup butter
1 1/4 cups lakanto golden sweetener
1 tbsp gelatin
2 tbsp collagen
2 tsp vanilla extract
1 tsp espresso
2 tsp salt
3/4 cup bakers chocolate (100g)

Conversion: *No conversion*

Steps

1. Preheat oven to 350°F and line an 8x8 baking pan with parchment paper
2. Melt butter, chocolate and sweetener over a Bain Marie until well blended. Remove from heat and cool slightly.
3. Add eggs one at a time whisking by hand until smooth. Add coconut and almond flour mixing until it becomes a smooth batter
4. Bake for 20-23 minutes. Allow to cool completely. Remove from pan by lifting parchment paper. Cut into 9 squares.